

EABCT202

CONGRESS October 04th-07th,2023
Granada Luxury Belek
Antalya / TÜRKİYE

CBT in a Changing World: Migration and Cultural Diversity



EABCT

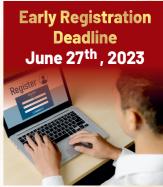
The Annual Congress of the European Association for Behavioural and Cognitive Therapies











For registration www.eabct2023.org

Pre-congress Workshops 4th October

Imagery Rescripting as a transdiagnostic treatment for traumatic and other adverse experiences Arnoud Arntz, University of Amsterdam, The Netherlands

Empowering parents to help their children

overcome anxiety problems
Cathy Creswell & Chloe Chessel, University of Oxford, UK

Clinical Depression: Integrating key cognitive and behavioral interventions

Keith Dobson, University of Calgary, Canada

Metacognitive Training: Practical Applications for Psychosis, Depression and Borderline Personality Disorder Rabea Fischer, , ZAP Nord Zentrum Ausbildung, Luebeck, Germany

CBASP for the treatment of persistent depressive disorder - an clinical skills workshop

Philipp Klein, University of Lübeck, Germany

Metacognitive Therapy for Rumination and Depression Costas Papageorgiou, The Sefton Suite Diagnostic Centre, Liverpool, UK

CBASP for Co-Occurring Persistent Depression and Alcohol Use Disorders Kim Penberthy, University of Virginia School of Medicine, USA

Treating Hoarding Disorder

Satwant Singh, Wordsworth Health Centre, London, UK

The prevention of self-harm in adolescents

Paul Stallard, University of Bath, UK

Clinical Functional Analysis Niklas Törneke, Sweden

Cognitive Therapy for Psychosis: A formulation based approach Tony Morrison, University of Manchester, UK

For other workshop details, please visit the website.



Turkish Airlines is The Official Airline of "EABCT 2023 CONGRESS"

Special discounts are offered for all delegates. To proceed with the online booking tool, please visit Turkish Airlines Promocode Website and use the event code under the Promotion code section.

> After the congress registration, "event code" will be sent to you by e-mail.

Congress Keynotes

Fredrike Bannink, Amsterdam, The Netherlands Positive CBT. From Reducing Distress to Building Success

Simon E. Blackwell, Ruhr University, Bohum, Germany Accelerating the development and optimization of psychological interventions

David M. Clark, University of Oxford, UK

Realising the mass public benefit of evidence-based psychological therapies: Science, politics and economics

Cathy Creswell, University of Oxford, UK

Increasing access to CBT for child anxiety problems

Pim Cuijpers, Vrije Universiteit Amsterdam, the Netherlands Five decades of research on CBT for depression: Lessons learned and challenges for the future

Daniel David, Babeș-Bolyai University, Romania

What is evidence-based psychotherapy today? An analysis of

rational-emotive & cognitive-behavior therapy (CBT)

Keith Dobson, University of Calgary, Canada The Stigma of Mental Disorders: Causes, consequences and corrective strategies

Stefan G. Hofmann, Philipps-Universität, Germany

Process-based Therapy

Philipp Klein, University of Lübeck, Germany

CBASP for the treatment of persistent depressive disorder- an evidence-based introduction

Ruth Malkinson, MITRA, Israeli Center of REBT, Israel

Mind, Body and Brain: Implications for Interventions following Traumatic Bereavement

Steffen Moritz, University of Hamburg, Germany
Accelerating the development and optimization of psychological interventions

Costas Papageorgiou, The Sefton Suite Diagnostic Centre, Liverpool, UK

Metacognitive Theory and Therapy of Depression: Evidence and Future Directions

Valentyna Parobii, Ukrainian Association of Cognitive and Behavioral Therapy, Ukraine From Surviving to Healing: The Power of Resilience and CBT in Overcoming the Trauma of War and Rebuilding Lives

Kim Penberthy, University of Virginia School of Medicine, USA

Persistent Depressive Disorder: An Illustration of the Evolution of Diagnosis and Treatment

Adam Radomsky, Concordia University, Canada

The Fear of Losing Control

Gregoris Simos, University of Macedonia, Greece

From Values to Aspirations and Vice Versa

Paul Stallard, University of Bath, UK

The use of smartphone apps to improve child mental health

Niklas Törneke, Sweden

Metaphor Use in Psychological Treatment

Omer Van den Bergh, University of Leuven, Belgium Brain-body interaction in persistent somatic symptoms

Anke Ehlers, UK

Understanding and treating post-traumatic stress disorder: A cognitive approach

SCIENTIFIC SECRETARIAT

Association for Cognitive Behavioural Psychotherapies of Türkiye

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