



EABCT 2023

CONGRESS

October 04th-07th, 2023
Granada Luxury Belek
Antalya / TÜRKİYE



2010
ACBPT
ASSOCIATION FOR COGNITIVE
BEHAVIORAL PSYCHOTHERAPIES
OF TÜRKİYE

CBT in a Changing World: Migration and Cultural Diversity

EABCT

The Annual Congress of the European Association for Behavioural and Cognitive Therapies

Call for Papers Deadline
for in-congress workshops
symposia, skills classes
roundtables and panel debates

June 18th, 2023



ALL INCLUSIVE
LUXURY HOTEL



GRANADA LUXURY BELEK



pre dates

04-07
OCTOBER

post dates

SAME PRICE FOR EXTRA
NIGHTS

BEST PRICE

GUARANTEE

Early Registration
Deadline
June 27th, 2023



For registration
www.eabct2023.org

Pre-congress Workshops 4th October

Imagery Rescripting as a transdiagnostic treatment for traumatic and other adverse experiences
Arnoud Arntz, University of Amsterdam, The Netherlands

Empowering parents to help their children overcome anxiety problems
Cathy Creswell & Chloe Chessel, University of Oxford, UK

Clinical Depression: Integrating key cognitive and behavioral interventions
Keith Dobson, University of Calgary, Canada

Metacognitive Training: Practical Applications for Psychosis, Depression and Borderline Personality Disorder
Rabea Fischer, ZAP Nord Zentrum Ausbildung, Luebeck, Germany

CBASP for the treatment of persistent depressive disorder - an clinical skills workshop
Philipp Klein, University of Lübeck, Germany

Metacognitive Therapy for Rumination and Depression
Costas Papageorgiou, The Sefton Suite Diagnostic Centre, Liverpool, UK

CBASP for Co-Occurring Persistent Depression and Alcohol Use Disorders
Kim Penberthy, University of Virginia School of Medicine, USA

Treating Hoarding Disorder
Satwant Singh, Wordsworth Health Centre, London, UK

The prevention of self-harm in adolescents
Paul Stallard, University of Bath, UK

Clinical Functional Analysis
Niklas Törneke, Sweden

Cognitive Therapy for Psychosis: A formulation based approach
Tony Morrison, University of Manchester, UK

For other workshop details, please visit the website.



TURKISH
AIRLINES

Turkish Airlines is The Official Airline of
"EABCT 2023 CONGRESS"

Special discounts are offered for all delegates.
To proceed with the online booking tool, please visit
Turkish Airlines Promocode Website and use the
event code under the Promotion code section.

After the congress registration,
"event code" will be sent to you by e-mail.

SCIENTIFIC SECRETARIAT
Association for Cognitive Behavioural
Psychotherapies of Türkiye
Ercan Altınöz, M.D.
Assoc. Prof. of Psychiatry
E-Mail:ercan@eabct2023.org



@eabct2023



www.eabct2023.org



@eabct2023

Congress Keynotes

Fredrike Bannink, Amsterdam, The Netherlands
Positive CBT. From Reducing Distress to Building Success

Simon E. Blackwell, Ruhr University, Bochum, Germany
Accelerating the development and optimization of psychological interventions

David M. Clark, University of Oxford, UK
Realising the mass public benefit of evidence-based psychological therapies: Science, politics and economics

Cathy Creswell, University of Oxford, UK
Increasing access to CBT for child anxiety problems

Pim Cuijpers, Vrije Universiteit Amsterdam, the Netherlands
Five decades of research on CBT for depression: Lessons learned and challenges for the future

Daniel David, Babeş-Bolyai University, Romania
What is evidence-based psychotherapy today? An analysis of rational-emotive & cognitive-behavior therapy (CBT)

Keith Dobson, University of Calgary, Canada
The Stigma of Mental Disorders: Causes, consequences and corrective strategies

Stefan G. Hofmann, Philipps-Universität, Germany
Process-based Therapy

Philipp Klein, University of Lübeck, Germany
CBASP for the treatment of persistent depressive disorder- an evidence-based introduction

Ruth Malkinson, MITRA, Israeli Center of REBT, Israel
Mind, Body and Brain: Implications for Interventions following Traumatic Bereavement

Steffen Moritz, University of Hamburg, Germany
Accelerating the development and optimization of psychological interventions

Costas Papageorgiou, The Sefton Suite Diagnostic Centre, Liverpool, UK
Metacognitive Theory and Therapy of Depression: Evidence and Future Directions

Valentyna Parobii, Ukrainian Association of Cognitive and Behavioral Therapy, Ukraine
From Surviving to Healing: The Power of Resilience and CBT in Overcoming the Trauma of War and Rebuilding Lives

Kim Penberthy, University of Virginia School of Medicine, USA
Persistent Depressive Disorder: An Illustration of the Evolution of Diagnosis and Treatment

Adam Radomsky, Concordia University, Canada
The Fear of Losing Control

Gregoris Simos, University of Macedonia, Greece
From Values to Aspirations and Vice Versa

Paul Stallard, University of Bath, UK
The use of smartphone apps to improve child mental health

Niklas Törneke, Sweden
Metaphor Use in Psychological Treatment

Omer Van den Bergh, University of Leuven, Belgium
Brain-body interaction in persistent somatic symptoms

Anke Ehlers, UK
Understanding and treating post-traumatic stress disorder: A cognitive approach

ORGANIZATION SECRETARIAT
burkon
TOURISM & CONGRESS
+90 224 233 40 00
eabct2023@burkon.com